



**Parents of children with special needs** often feel isolated and frustrated that "standard parenting advice" doesn't always work. This 7 session course has been written by parents and professionals with input from families with a wide range of experience. These sessions are aimed at those parenting children between the age of 3 to 11 years who have a disability or special educational need with a particular focus on learning, developmental and behavioural issues.

### **The course aims to:**

- Provide an opportunity to share ideas with other parents and carers in an environment of mutual support.
- Increase your confidence in your skills and abilities to parent your child successfully.
- Teach you skills to raise your child's self esteem.
- Identify the best way to effectively discipline your child.
- To provide you with greater support where you most need it.
- Strengthen the relationships within your family.

This course is followed by 2 optional 3 week courses with a specific focus on ADHD and ASD.

**Every Thursday from 9:30am - 12:00pm**  
**From 14 January to 3 March 2016(not 18 Feb)**  
**OAKLANDS PRIMARY SCHOOL**  
**Weedwood Road, Walderslade, ME5 0QS**

**Cost: £70 for the 7 weeks**

To secure a place payment in advance required - payable to **CooperDaly Solutions CIC**

Contact: [info@cooperdaly.co.uk](mailto:info@cooperdaly.co.uk) Tel:07966361833

