



# Hoo St Werburgh Primary School & Marlborough Centre

Pottery Road, Hoo, Rochester, Kent ME3 9BS

Tel: (01634) 338040 | E-mail: [office@hoo-st-werburgh.medway.sch.uk](mailto:office@hoo-st-werburgh.medway.sch.uk)

12<sup>th</sup> June 2018

Dear Parents/Guardians

## **British Heart Foundation's 'Jump Off'**

Once again, Hoo St Werburgh Primary School has registered with The British Heart Foundation's 'Jump Off' event. The aim of the event is to encourage young people to be more active whilst raising money for the British Heart Foundation.

We all know the important role that regular physical activity plays in maintaining and improving health, but this event aims to introduce children to the massive potential of skipping for its associated health benefits.

Please see our twitter account @HSWPrimary for photos of last year's event if you are wondering what your child will be doing.

One in every 180 babies born in the UK has a heart defect and, sadly, every seven minutes someone in the UK dies from a heart attack. With our support, they can drive the fight forward by doing more research, making more discoveries and offering information, support and care to heart patients and their families.

Our Jump Off will be held on Wednesday 20<sup>th</sup> June. Pupils will need to have a school PE kit in order to take part. Please bring in £1 as a donation towards the charity.

Kind regards

Mr Wrobel

PE Coordinator

**Head of School:** Tara Deevoy BA (Hons) QTS PG Dip  
Tel: (01634) 338040 | E-mail: [office@hoo-st-werburgh.medway.sch.uk](mailto:office@hoo-st-werburgh.medway.sch.uk)

**Specialist Provision:** Debbie Amato BA (Hons)  
Tel: (01634) 338080 | E-mail: [office@marlboroughcentre.org.uk](mailto:office@marlboroughcentre.org.uk)

