

Whole School Medium Term Plan Term 2

Year Group	Sport	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
1	Indoor: Dance	To explore a range of ways to move, travel, jump and turn.	To be able to copy and perform basic dance actions created as a group.	To be able to use equipment to give empathy whilst performing a dance.	To combine moves together using control and fluency as an individual.	To combine moves together using control and fluency as a group.	To be able to perform a basic routine to music and work in a small group.
	Outdoor: EuroHoc	To focus on special awareness, look and find space to move into.	To focus on the correct technique of how to use a hockey stick.	To develop how to pass with hockey using alternative equipment.	To develop how to dribble with hockey using alternative equipment.	To try to link the combination of passing and dribbling.	To develop how to dribble with hockey using alternative equipment.
2	Indoor: Dance	To explore a range of ways to move, travel, jump and turn.	To be able to copy and perform basic dance actions created as a group.	To be able to use equipment to give empathy whilst performing a dance.	To combine moves together using control and fluency as an individual.	To combine moves together using control and fluency as a group.	To be able to perform a basic routine to music and work in a small group.
	Outdoor: EuroHoc	To focus on special awareness, look and find space to move into.	To focus on the correct technique of how to use a hockey stick.	To develop how to pass with hockey using alternative equipment.	To develop how to dribble with hockey using alternative equipment.	To try to link the combination of passing and dribbling.	To develop how to dribble with hockey using alternative equipment.
3	Indoor: Dance	To improvise freely to create dance phrases to communicate the name.	To develop different ways of travelling, jumping and turning.	To perform basic dance actions with greater control and fluency.	To copy and perform set steps and understand the historical content of them.	To use story as a stimulus to create and structure a simple dance.	To perform dances with an awareness of rhythmic and dynamic qualities.
	Outdoor: Tag Rugby	To understand and practice holding the rugby ball the	To develop running whilst holding the ball.	To understand and practice the correct passing technique.	To pass the ball whilst in the correct rugby formation.	To develop running with the ball and understand how	To work as part of a team to score a try.

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		correct way.				a try is scored.	
4	Indoor: Dance	To respond imaginatively to a range of stimuli related to character.	To apply simple movement patterns to match a character, narrative or setting.	To perform with expression and display appropriate dynamics and link them together.	To work in small groups to develop and compose movements.	To explore and create movement in response to the stimulus of a game.	To perform basic dance activities with greater control, fluency and co-ordination.
	Outdoor: Tag Rugby	To be able to follow the rules of the game and start to learn how to tag people.	To be able to throw and catch a rugby ball using the correct technique.	To be able to pass the ball backwards but advance going forwards.	To choose and use simple tactics and apply them to the game.	To show awareness of people and be able to move forward with the ball.	To apply a variety of tactics and skills to achieve success as part of a team.
5	Indoor: Swimming	To develop our front crawl technique focusing on arm and leg movements.	To develop our front crawl technique focusing on arm and leg movements.	To develop our front crawl technique focusing on our breathing.	To develop our front crawl technique focusing on our breathing.	To be able to perform basic water safety rescue techniques.	To be able to perform basic water safety rescue techniques.
	Outdoor: Tag Rugby	To be able to catch a ball consistently with accuracy and speed.	To be able to learn how to start to tag people and understand the rules towards it.	To understand and practice the rule of only being able to pass backwards.	To be able to read the game and perform an interception and turn over possession.	To be able to attack as individuals, in pairs and as part of a three.	To be able to apply the skills taught and put them into a game situation.
6	Indoor: Dance	To work collaboratively in a group to perform patterns with meaning and	To explore, improvise and combine movement ideas fluently and effectively.	To observe and evaluate their own and others performances.	To apply basic compositional principles when creating dances.	To create and structure motifs, phrases, sections and whole dances.	To understand a range of cultural dances and the context and history of the dances.

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		clear intentions.					
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