

Whole School Medium Term Plan Term 3

Year Group	Sport	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
1	Indoor: Gymnastics	To be able to make different basic shapes by using our bodies.	To be able to travel in a variety of different ways.	To be able to travel in different directions.	To be able to travel on apparatus safely.	To be able to put all our skills together to create a sequence.	To be able to practice and rehearse our sequence and perform to the rest of the class.
	Outdoor: Ball Skills	To be able to develop our dribbling skills and understand why we need to keep the ball away from defenders.	To explore and develop different ways of sending a ball using our hands.	To develop different ways of sending a ball and understand why we aim when sending a ball.	To explore different ways of stopping a ball with our hands.	To apply sending and receiving skills, applying their prior knowledge of where we send a ball and why.	To be able to use knowledge of sending and receiving skills to keep possession of the ball.
2	Indoor: Gymnastics	To be able to make different shapes using our body parts.	To be able to travel at different heights.	To be able to travel at different speeds.	To be able to travel on apparatus in a variety of ways.	To be able to put all our skills together to create a sequence.	To be able to practice and rehearse our sequence to perform to the rest of the class.
	Outdoor: Ball Skills	To develop dribbling in order to keep control and possession of the ball.	To be able to develop passing and receiving in order to keep possession of the ball.	To be able to combine dribbling, passing and receiving in order to keep possession.	To be able to develop dribbling order to keep possession and score a point.	To develop passing and receiving in order to keep possession and score a point.	To be able to combine dribbling, passing and receiving to keep possession and score a point.
3	Indoor: Gymnastics	To explore different ways of travelling across the mat.	To explore ways of travelling across the bench.	To explore matching and mirroring when performing	To develop pupils jumping technique by learning how to	To explore and attempt a variety of partner balances.	To perform a full routine that involves shapes, traveling, balancing,

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				shapes with a partner.	turn in mid-flight.		jumping and rolling.
	Outdoor: Dodgeball	To be able to develop, adapt and refine catching techniques.	To be able to develop blocking techniques using the ball.	To be able to develop a wall block technique through conditioned games.	To be able to discuss and develop defensive skills in Dodgeball.	To be able to discuss and develop attacking skills in Dodgeball.	To develop basic and generic skills in Dodgeball.
4	Indoor: Gymnastics	To explore different ways of travelling across a mat at different heights.	To explore different ways of travelling across a bench at different heights.	To explore matching and mirroring when performing shapes with a partner.	To explore and understand what counter tension and counter balance techniques are.	To introduce the fundamental skills required to perform the forward roll.	To perform a full routine that involves shapes, traveling, balancing, jumping and rolling.
	Outdoor: Dodgeball	To be able to develop tactics for catching the ball.	To be able to apply tactics for blocking with a ball in conditioned games.	To develop reaction time and able to define what it means.	To develop mental composure to be able to defend and protect the team.	To develop team work skills particularly communication in a game.	To be able to identify the roles and responsibilities of officials in Dodgeball.
5	Indoor: Gymnastics	To learn how to perform point and group balances.	To explore different ways of travelling across a mat at different heights and speeds.	To explore different ways of travelling across a bench at different heights and speeds.	To learn a difference between symmetric and asymmetric shapes.	To be able to link balances and shapes to create a short routine.	To be able to incorporate a piece of equipment into a short routine.
	Outdoor: Dodgeball	To be able to demonstrate confidence in catching the ball.	To develop confidence in blocking with the ball and be able to protect	To develop leadership skills through peer coaching of a friend.	To be able to select and apply advanced tactics in order to defend.	To be able to select and apply advanced tactics in order to attack opponents.	To develop confidence in making decisions as an official within a game.

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			the rest of the team.				
6	Indoor: Gymnastics	To learn how to perform point, group and paired balances.	To explore different ways of travelling across mats and benches at different heights and speeds.	To explore matching and mirroring when performing shapes with a partner.	To learn a difference between symmetric and asymmetric shapes and apply them to a short routine.	To be able to link balances and shapes to create a short routine to perform to the class.	To be able to incorporate a piece of equipment into a short routine and perform to the class.
	Outdoor: Dodgeball	To be able to catch the ball at different speeds and heights using the correct technique.	To be able to analyse and comment on others' performance and suggest ways of improvement.	To be able to use a wall block as a defence strategy in games to gain possession.	To be able to evaluate performance as a team and suggest ways to improve tactics.	To be able to evaluate performance as a team and suggest ways to improve tactics.	To be able to officiate a full game with confidence and leadership qualities.