

Whole School Medium Term Plan Term 4

Year Group	Sport	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
1	Indoor: Tri-Golf	To explore the range of equipment used and the areas of a golf course.	To explore the ways of using a putting club and know what it is used for.	To apply our putting knowledge to team games.	To explore the ways of using a chipping club and know what it is used for.	To apply our chipping knowledge to team games.	To carousel around different stations and have a go at chipping and putting games.
	Outdoor: Netball	To be able to send a ball towards a target.	Explore different ways to use or move with the ball.	To be able to show control of the ball with basic actions.	To develop catching and gathering skills.	To be able to use skills individually to suit the game.	To show control and accuracy when rolling the ball.
2	Indoor: Tri-Golf	To explore the range of equipment used and the areas of a golf course.	To explore the ways of using a putting club and know what it is used for.	To apply our putting knowledge to team games.	To explore the ways of using a chipping club and know what it is used for.	To apply our chipping knowledge to team games.	To carousel around different stations and have a go at chipping and putting games.
	Outdoor: Netball	To show good awareness of others when playing games.	To be able to perform a range of actions with control of a ball.	To be able to throw a ball in different ways, speeds and heights.	To be able to throw and catch the ball with control.	To be able to choose and use simple tactics to suit different situations.	To be able to use skills and tactics in a small sided games.
3	Indoor: Handball	To be able to send and receive the ball in order to keep possession of the ball.	To develop passing and moving to create space and keep possession.	To develop passing and moving and applying to miniature games.	To be able to combine passing and moving in order to score a point.	To attempt to shoot at a goal and understand where they shoot from and why.	To be able to use team work and communication within a tournament.
	Outdoor: Swimming	To develop our front crawl technique focusing on arm	To develop our front crawl technique focusing on arm	To develop our front crawl technique focusing on our breathing.	To develop our front crawl technique focusing on our breathing.	To be able to perform basic water safety rescue techniques.	To be able to perform basic water safety rescue techniques.

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		and leg movements.	and leg movements.				
4	Indoor: Handball	To apply their passing and moving skills into a miniature game scenario.	To develop passing in order to create space and applying simple tactics.	To develop and understand how, where, when and why they shoot to increase chances of scoring.	To be able to combine passing, moving and shooting to create an attack and a shooting opportunity.	To be able to understand how to defend and mark a player when they are not in possession.	To be able to use team work and communication within a tournament.
	Outdoor: Netball	To be able to know the difference between attacking and defending skills.	To be able to pass with accuracy, confidence and control.	To be able to shoot with accuracy.	To understand how to mark an opponent and know the importance of marking.	To be able to perform skills with accuracy, confidence and control.	To know and find ways to get the ball towards their opponents goal.
5	Indoor: Handball	To be able to pass and move into an appropriate shooting opportunity.	To allow children to explore different ways of passing the ball.	To understand that the role changes as soon as they lose possession of the ball.	To develop pupil understanding of the rules of the game and apply this to mini games.	To refine shooting and ensuring that shots are accurate and successful.	To be able to use team work and communication within a tournament.
	Outdoor: Netball	To be able to watch and identify areas of the game that need improvement.	To be able to understand the muscles used for this lesson and the importance of PE.	To be able to explain what makes a good performance and take on different roles.	To develop our marking skills and be able to defend a goal.	To be able to evaluate another individuals performance and identify strengths and weaknesses.	To be able to create space in order to move towards the opponents goal.
6	Indoor: Handball	To be able to use our passing and moving skills to keep possession and score.	To be able to apply passing and moving to move up the court and into	To ensure pupils understand defending is the most important	To be able to use prior learning to apply tactics to a game situation.	To be able to apply effective attacking and defending skills	To be able to use team work and communication within a tournament.

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			shooting positions.	aspect of the game.		in set ability teams.	
	Outdoor: Netball	To be able to intercept the ball to win possession back.	To develop control whilst performing skills at game speed.	To be able to understand, choose and apply a range of strategies in attacking situations.	To understand how to mark a player or space in a game situation.	To use attacking and defending skills appropriately in games.	To combine and perform skills with control, adapting them to the needs of the situation.