



# INDEPENDENTCATERING | EDUCATER LIMITED

WEEK

1

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask  
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

**DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE**

| MONDAY 5 JANUARY                                                                                          | TUESDAY 6 JANUARY                                                                                         | WEDNESDAY 7 JANUARY                                                                                       | THURSDAY 8 JANUARY                                                                                        | FRIDAY 9 JANUARY                                                                                          |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| Chicken Nuggets<br>(‘Sweet and Sour’ Sauce<br>on the Side)<br>(1, 8, 10, 14)                              | Beef Lasagne with<br>Garlic Bread<br>(1, 7, 8, 9, 11)<br><i>[May Contain 10]</i>                          | Roast Gammon<br>and Pineapple<br>with Gravy                                                               | Chinese Style Chicken<br>with Rice and Prawn Crackers<br>(2, 8)<br><i>[May Contain 1, 4, 5, 6]</i>        | Breaded Fish<br>(1, 4)                                                                                    |
| Quorn Dippers<br>(‘Sweet and Sour’ Sauce<br>on the Side)<br>(1, 8, 14)<br><b>VEGAN</b>                    | Vegetable Lasagne with<br>Garlic Bread<br>(1, 7, 8, 9, 11)<br><i>[May Contain 10]</i>                     | Cheese and<br>Roast Vegetable Quiche<br>(1, 7, 9)<br><i>[May Contain 10]</i>                              | Hoi Sin Stir Fried Vegetables<br>and Rice and Prawn Crackers<br>(2, 8)<br><i>[May Contain 1, 4, 5, 6]</i> | Homemade Chickpea Burger<br>in a Bun<br>(1)<br><i>[May Contain 13]</i><br><b>VEGAN</b>                    |
| Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> |
| Chunky Tomato Pasta<br>(1)<br><i>[May Contain 10]</i>                                                     | Jacket Potato with<br>Topping of the Day                                                                  | Mixed Pepper Pasta<br>(1)<br><i>[May Contain 10]</i>                                                      | Jacket Potato with<br>Topping of the Day                                                                  | Mac n’ Cheese<br>(1, 9, 11)                                                                               |
| Savoury Rice with<br>Garden Peas<br>and Salad Bar                                                         | Fresh Carrots<br>and Salad Bar                                                                            | Roast Potatoes, Roasted<br>Vegetables and Green Beans<br><b>Try our Vegetable of the month</b><br>(10)    | Sweetcorn, Peas<br>and Salad Bar                                                                          | Chips, Baked Beans<br>and Salad Bar                                                                       |
| Oaty Apple Crumble<br>with Custard<br>(1, 9)                                                              | Banoffee Cheesecake<br>(1, 9)                                                                             | Raspberry Ripple Sponge<br>with Custard<br>(1, 7, 9)                                                      | Tutti Frutti Thursday                                                                                     | Chocolate Krispie<br>(1, 9)                                                                               |

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR**

## ALLERGEN KEY

**1 CEREALS CONTAINING GLUTEN**  
**2 CRUSTACEANS**

**3 MOLLUSCS**  
**4 FISH**

**5 PEANUTS**  
**6 NUTS**

**7 EGGS**  
**8 SOYBEANS**

**9 MILK**  
**10 CELERY**

**11 MUSTARD**  
**12 LUPIN**

**13 SESAME**  
**14 SULPHUR DIOXIDE**

**\*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

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WE ONLY USE



FRESH UK BEEF FRESH UK PORK FREERANGE EGGS LOCAL FRUIT & VEG WHOLEMEAL PASTA

**HOO ST WERBURGH PRIMARY**

INDEPENDENTCATERING.CO.UK

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**DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE**

WEEK  
**2**



| MONDAY 12 JANUARY                                                                                         | TUESDAY 13 JANUARY                                                                                        | WEDNESDAY 14 JANUARY                                                                                      | THURSDAY 15 JANUARY                                                                                                                                                                                                                                                                                  | FRIDAY 16 JANUARY                                                                                         |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| Beef Spaghetti Bolognese and Garlic Bread<br>(1, 8)<br><i>[May Contain 10]</i>                            | Chicken Wrap served with BBQ sauce<br>(1, 8)<br><i>[May Contain 9, 10, 11]</i>                            | Roast Beef with a Yorkshire Pudding and Gravy<br>(1, 7, 9)                                                | <b>JUNGLE DAY</b><br><br>Meat Feast Pizza<br>(1, 8, 9)<br><i>[May Contain 10]</i><br><br>Cheese and Tomato Pizza<br>(1, 8, 9)<br><i>[May Contain 10]</i><br><br>Jacket Potato with Topping of the Day<br><br>Baked Beans, Diced Potatoes and Salad Bar<br><br>Chocolate and Orange Brownie<br>(1, 7) | Sausage in a Bun (with Ketchup on the Side)<br>(1, 14)<br><i>[May Contain 13]</i>                         |
| Lentil and Bean Spaghetti Bolognese and Garlic Bread<br>(1, 8)<br><i>[May Contain 10]</i><br><b>VEGAN</b> | Roast Vegetable Fajita Wrap<br>(1, 11)<br><i>[May Contain 10]</i><br><b>VEGAN</b>                         | Winter Vegetable Stew Served in a Yorkshire Pudding<br>(1, 7, 9)<br><i>[May Contain 10]</i>               |                                                                                                                                                                                                                                                                                                      | Vegetable Sausage in a Bun (with Ketchup on the Side)<br>(1)<br><i>[May Contain 13]</i><br><b>VEGAN</b>   |
| Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> |                                                                                                                                                                                                                                                                                                      | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> |
| Chunky Tomato Twirls<br>(1)<br><i>[May Contain 10]</i>                                                    | Jacket Potato with Topping of the Day                                                                     | Tomato and Basil Pasta<br>(1)<br><i>[May Contain 10]</i>                                                  |                                                                                                                                                                                                                                                                                                      | Mixed Vegetable Ragu Twirls<br>(1)<br><i>[May Contain 10]</i>                                             |
| Fresh Broccoli and Salad Bar                                                                              | Herby Potatoes<br><i>[May Contain 10]</i><br>Garden Peas and Salad Bar                                    | Roast Potatoes, Fresh Carrots and Cabbage<br><b>Try our Vegetable of the month (10)</b>                   |                                                                                                                                                                                                                                                                                                      | Chips, Garden Peas and Salad Bar                                                                          |
| Steamed Apple and Pear Sponge with Custard<br>(1, 7, 9)                                                   | Tutti Frutti Tuesday                                                                                      | Toffee Sponge and Custard<br>(1, 7, 9, 14)                                                                |                                                                                                                                                                                                                                                                                                      | Oat Cookie<br>(1)                                                                                         |

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR**

## ALLERGEN KEY

**1 CEREALS CONTAINING GLUTEN**  
**2 CRUSTACEANS**

**3 MOLLUSCS**  
**4 FISH**

**5 PEANUTS**  
**6 NUTS**

**7 EGGS**  
**8 SOYBEANS**

**9 MILK**  
**10 CELERY**

**11 MUSTARD**  
**12 LUPIN**

**13 SESAME**  
**14 SULPHUR DIOXIDE**

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WEEK  
**3**

| MONDAY 19 JANUARY                                                                                        | TUESDAY 20 JANUARY                                                                                       | WEDNESDAY 21 JANUARY                                                                                     | THURSDAY 22 JANUARY                                                                                      | FRIDAY 23 JANUARY                                                                                        |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| Mild Chicken Curry<br>with Rice and Naan Bread<br>(1)                                                    | Beef Nachos<br>(9)<br><i>[May Contain 1,11]</i>                                                          | Roast Turkey with Stuffing<br>and Gravy<br>(1)                                                           | Homemade Sausage Roll<br>(1, 8, 9)                                                                       | Fishfingers<br>(1, 4)<br>Or<br>Salmon & Dill Fishcake<br>(1,4)                                           |
| Chickpea Korma<br>with Rice and Naan Bread<br>(1)<br><b>VEGAN</b>                                        | Mixed Bean Chilli in a Taco<br>with Tomato Rice<br><b>VEGAN</b>                                          | Roasted Tomato, Carrot<br>and Lentil Loaf<br><b>VEGAN</b>                                                | Cheese, Potato<br>and Leek Turnover<br>(1, 9)                                                            | Pesto Halloumi and Roasted<br>Vegetables with Pitta Bread<br>(1, 9)                                      |
| Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7,13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7,13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7,13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7,13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7,13)</i> |
| Mac n' Cheese<br>(1, 9, 11)                                                                              | Jacket Potato with<br>Topping of the Day                                                                 | Mixed Pepper Pasta<br>(1)<br><i>[May Contain10]</i>                                                      | Jacket Potato with<br>Topping of the Day                                                                 | Tomato Sauce served with<br>Pasta Bows<br>(1)<br><i>[May Contain10]</i>                                  |
| Sweetcorn and Peas<br>and Salad Bar                                                                      | Green Beans<br>Mexican Salad Bar - Sour<br>Cream, Guacamole, Tomato<br>Salsa (9)                         | Roast Potatoes, Roasted<br>Vegetables and Peas<br><b>Try our Vegetable of the month</b><br>(10)          | Broccoli, Herby Potatoes<br><i>[May Contain10]</i><br>and Salad Bar                                      | Chips, Baked Beans<br>and Salad Bar                                                                      |
| Caramelised Pear and Apple<br>Cake with Custard<br>(1, 7, 9)                                             | Iced Carrot Cake<br>(1, 7, 9)                                                                            | Chocolate Sponge and<br>Chocolate Sauce<br>(1, 7, 9)                                                     | Tutti Frutti Thursday                                                                                    | Oaty Cherry Cookie<br>(1, 14)                                                                            |

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR**

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WEEK  
**4**

| MONDAY 26 JANUARY                                                                                                             | TUESDAY 27 JANUARY                                                                                                                                                                                                                                                                                                                                                                                                                                | WEDNESDAY 28 JANUARY                                                                                                          | THURSDAY 29 JANUARY                                                                                                           | FRIDAY 30 JANUARY                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| Chicken Nuggets<br>(‘Katsu’ Sauce on the Side)<br><b>(1, 8, 10)</b>                                                           |  <p>Chicken Chow Mein with Vegetable Fried Rice<br/><b>(1,7,8)</b><br/><i>[May Contain 5, 6, 10]</i></p> <p>Vegetable Spring Roll with Sweet Chilli Sauce with Vegetable Rice <b>(1, 8, 9)</b><br/><i>[May Contain 5, 6, 7, 10]</i></p> <p>Jacket Potato with Choice of Toppings</p> <p>Stir Fry Vegetables</p> <p>Chinese Sponge Cake<br/><b>(1, 7, 9)</b></p> | Roast Gammon and Pineapple with Gravy                                                                                         | Meat Feast Pizza<br><b>(1, 8, 9)</b>                                                                                          | Breaded Fish<br><b>(1, 4)</b>                                                                                                 |
| Katsu Quorn Dippers<br>(‘Katsu’ Sauce on the Side)<br><b>(1, 8)</b><br><b>VEGAN</b>                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Red Leicester and Roast Vegetable Quiche<br><b>(1, 7, 9)</b>                                                                  | Cheese and Tomato Pizza<br><b>(1, 8, 9)</b>                                                                                   | Homemade Chickpea Burger in a Bun<br><b>(1, 13)</b><br><b>VEGAN</b>                                                           |
| Cheese Baguette <b>(1, 9)</b><br>Ham Baguette <b>(1)</b><br>Tuna Baguette <b>(1, 4)</b><br><i>(Baguette May Contain 7,13)</i> |                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Cheese Baguette <b>(1, 9)</b><br>Ham Baguette <b>(1)</b><br>Tuna Baguette <b>(1, 4)</b><br><i>(Baguette May Contain 7,13)</i> | Cheese Baguette <b>(1, 9)</b><br>Ham Baguette <b>(1)</b><br>Tuna Baguette <b>(1, 4)</b><br><i>(Baguette May Contain 7,13)</i> | Cheese Baguette <b>(1, 9)</b><br>Ham Baguette <b>(1)</b><br>Tuna Baguette <b>(1, 4)</b><br><i>(Baguette May Contain 7,13)</i> |
| Chunky Tomato Pasta<br><b>(1)</b><br><i>[May Contain10]</i>                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Mixed Pepper Pasta<br><b>(1)</b><br><i>[May Contain10]</i>                                                                    | Jacket Potato with Topping of the Day                                                                                         | Mac n’ Cheese<br><b>(1, 9, 11)</b>                                                                                            |
| Savoury Rice with Garden Peas and Salad Bar                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Roast Potatoes, Roasted Vegetables and Green Beans<br><b>Try our Vegetable of the month</b><br><i>[May Contain10]</i>         | Baked Beans, Diced Potatoes and Salad Bar                                                                                     | Chips, Garden Peas and Salad Bar                                                                                              |
| Oaty Apple Crumble with Custard<br><b>(1, 9)</b>                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Raspberry Ripple Sponge with Custard<br><b>(1, 7, 9)</b>                                                                      | Tutti Frutti Thursday                                                                                                         | Chocolate Krispie<br><b>(1,9)</b>                                                                                             |

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR**

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**2 CRUSTACEANS**

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| MONDAY 2 FEBRUARY                                                                                         | TUESDAY 3 FEBRUARY                                                                                        | WEDNESDAY 4 FEBRUARY                                                                                          | THURSDAY 5 FEBRUARY                                                                                        | FRIDAY 6 FEBRUARY                                                                                         |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| Beef Spaghetti Bolognese and Garlic Bread<br>(1, 8)<br><i>[May Contain 10]</i>                            | Chicken Wrap served with BBQ sauce<br>(1, 8)<br><i>[May Contain 9, 10, 11]</i>                            | Roast Beef with a Yorkshire Pudding and Gravy<br>(1, 7, 9)                                                    | Chinese Style Chicken with Rice and Prawn Crackers<br>(2)<br><i>[May Contain 1, 4, 5, 6, 8, 10]</i>        | Sausage in a Bun (with Ketchup on the side)<br>(1, 14)<br><i>[May Contain 13]</i>                         |
| Lentil and Bean Spaghetti Bolognese and Garlic Bread<br>(1, 8)<br><i>[May Contain 10]</i><br><b>VEGAN</b> | Roast Vegetable Fajita Wrap<br>(1, 11)<br><i>[May Contain 10]</i><br><b>VEGAN</b>                         | Winter Vegetable Stew Served in a Yorkshire Pudding<br>(1, 7, 9)<br><i>[May Contain 10]</i>                   | Hoi Sin Stir Fried Vegetables and Rice and Prawn Crackers<br>(2)<br><i>[May Contain 1, 4, 5, 6, 8, 10]</i> | Vegetable sausage in a Bun (with Ketchup on the side)<br>(1)<br><i>[May Contain 13]</i><br><b>VEGAN</b>   |
| Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i>     | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i>  | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> |
| Jacket Potato with Topping of the Day                                                                     | Mixed Pepper Pasta<br>(1)<br><i>[May Contain 10]</i>                                                      | Jacket Potato with Topping of the Day                                                                         | Mac n' Cheese<br>(1, 9, 11)                                                                                | Jacket Potato with Topping of the Day                                                                     |
| Fresh Broccoli and Salad Bar                                                                              | Herby Potatoes<br><i>[May Contain 10]</i><br>Garden Peas and Salad Bar                                    | Roast Potatoes, Fresh Carrots and Cabbage<br><b>Try our Vegetable of the month</b><br><i>[May Contain 10]</i> | Sweetcorn and Peas and Salad Bar                                                                           | Chips, Baked Beans and Salad Bar                                                                          |
| Steamed Apple and Pear Sponge with Custard<br>(1, 7, 9)                                                   | Tutti Frutti Tuesday                                                                                      | Toffee Sponge and Custard<br>(1, 7, 9, 14)                                                                    | Chocolate and Orange Brownie<br>(1, 7)                                                                     | Oat Cookie<br>(1)                                                                                         |

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR**

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2 CRUSTACEANS

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4 FISH

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6 NUTS

7 EGGS  
8 SOYBEANS

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| MONDAY 9 FEBRUARY                                                                                         | TUESDAY 10 FEBRUARY                                                                                       | WEDNESDAY 11 FEBRUARY                                                                                              | THURSDAY 12 FEBRUARY                                                                                      | FRIDAY 13 FEBRUARY                                                                                        |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| Mild Chicken Curry<br>with Rice and Naan Bread<br>(1)<br><i>[May Contain 10, 11]</i>                      | Beef Nachos<br>(9)<br><i>[May Contain 1, 10, 11]</i>                                                      | Roast Turkey with Stuffing<br>and Gravy<br>(1)                                                                     | Homemade Sausage Roll<br>(1, 8, 9)                                                                        | Fishfingers<br>(1, 4)<br>Or<br>Salmon Fishcakes<br>(1, 4)                                                 |
| Chickpea Korma<br>with Rice and Naan Bread<br>(1)<br><i>[May Contain 10, 11]</i><br><b>VEGAN</b>          | Mixed Bean Chilli in a Taco<br>with Tomato Rice<br><i>[May Contain 10]</i><br><b>VEGAN</b>                | Roasted Tomato, Carrot<br>and Lentil Loaf<br><i>[May Contain 10]</i><br><b>VEGAN</b>                               | Cheese, Potato<br>and Leek Turnover<br><i>[May Contain 10]</i>                                            | Pesto Halloumi and Roasted<br>Vegetables<br>with Pitta Bread<br>(1, 9)<br><i>[May Contain 10]</i>         |
| Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i>          | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> | Cheese Baguette (1, 9)<br>Ham Baguette (1)<br>Tuna Baguette (1, 4)<br><i>(Baguette May Contain 7, 13)</i> |
| Mac n' Cheese<br>(1, 9, 11)                                                                               | Jacket Potato with<br>Topping of the Day                                                                  | Mixed Pepper Pasta<br>(1)<br><i>[May Contain 10]</i>                                                               | Jacket Potato with<br>Topping of the Day                                                                  | Tomato Sauce served with<br>Pasta Bows<br>(1)<br><i>[May Contain 10]</i>                                  |
| Sweetcorn and Peas<br>and Salad Bar                                                                       | Green Beans<br>Mexican Salad Bar - Sour<br>Cream, Guacamole, Tomato<br>Salsa (9)                          | Roast Potatoes, Roasted<br>Vegetables and Peas<br><b>Try our Vegetable of the month</b><br><i>[May Contain 10]</i> | Broccoli, Herby Potatoes<br><i>[May Contain 10]</i><br>and Salad Bar                                      | Chips, Baked Beans<br>and Salad Bar                                                                       |
| Caramelised Pear and Apple<br>Cake with Custard<br>(1, 7, 9)                                              | Iced Carrot Cake<br>(1, 7, 9)                                                                             | Chocolate Sponge and<br>Chocolate Sauce<br>(1, 7, 9)                                                               | Tutti Frutti Thursday                                                                                     | Oaty Cherry Cookie<br>(1, 14)                                                                             |

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR**

## ALLERGEN KEY

**1 CEREALS CONTAINING GLUTEN**  
**2 CRUSTACEANS**

**3 MOLLUSCS**  
**4 FISH**

**5 PEANUTS**  
**6 NUTS**

**7 EGGS**  
**8 SOYBEANS**

**9 MILK**  
**10 CELERY**

**11 MUSTARD**  
**12 LUPIN**

**13 SESAME**  
**14 SULPHUR DIOXIDE**

**\*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



FRESH UK BEEF



FRESH UK PORK



FREE RANGE EGGS



LOCAL FRUIT & VEG



WHOLEMEAL PASTA

**HOO ST WERBURGH PRIMARY**

**INDEPENDENTCATERING.CO.UK**

**EDUCATERLIMITED.COM**