



Hoo St Werburgh Primary School

PE —Term 1-2 Newsletter

Welcome to the first edition of our PE newsletter. Across the academic year, a focus on developing our LORIC values has taken centre stage in the learning, with a strong focus particularly on resilience and initiative.



PE NEWS

Curriculum – For the upcoming academic year, a redesigned PE curriculum has been adopted to help focus on key areas of development for all pupils across the school, again, with a strong focus on our LORIC values. The curriculum, which we hope will be just as, if not even more exciting than previous years, will allow for children to explore, play and compete in more activities and sports, whilst continuing to build and develop key skills.

Mini Youth Games/Sports Festivals – Once again, many children across the school will be provided with the opportunity to represent Hoo St Werburgh at the Mini Youth Games and various Sports Festivals. Already this term, 12 children across year 3 and 4 have represented HSW at a Tri-Golf Festival which saw them place 3rd! Additionally, 10 children from Years 5 and 6 battled it out at the Mini Youth Games Hockey competition. Upcoming in term 2 is the Basketball and Badminton Mini Youth Games events for Years 5 and 6, which will provide another fantastic opportunity for some of our pupils to showcase their excellent skills.

Lunchtimes – This year has seen a slight change in lunchtimes for children. Across the week, various activities are set out for the children to enjoy under the different titled days. ‘Multi-Sport Monday’ has seen activities such as Archery and Cricket played. ‘Tag Tuesday’ sees children playing some of their favourite tag games that they have learnt from PE or elsewhere. ‘Workout Wednesday’ creates an active environment for the children, with circuits and dance activities occurring. ‘Throwing Thursday’ activities have consisted of Basketball and javelins being used in a controlled environment. ‘Footwork Friday’ encourages the children to focus on activities that predominantly use the feet, football and gymnastics as two examples. The lunchtimes have been a great success so far with many more children engaging in activities provided than in previous years. We are fortunate to have some very skilled playground leaders in Year 6 who help lead and instruct these activities along with support from teachers.

Learning update

Year 1, 2 & 3

During term 1, years 1, 2 and 3 have all had a specific focus on ball and racket skills, with a strong link to building on their fundamental movement skills. Within racket skills, pupils have been exploring the differences between various racket games, with activities such as badminton and tennis being discussed and adapted so they are suitable for the pupils to explore and play. Year 1 have looked at how they can make various objects travel using their rackets, whilst developing their hand-eye coordination skills. Year 2 have been on a similar route but have further developed their prior learning and have begun to focus on how to improve on their accuracy. Year 3 have had a strong focus on various striking movements with their rackets in both tennis and badminton activities. In addition to this, Year 3 have explored and discussed ways in which the skills developed from these racket activities can be implemented into other areas of the curriculum.

With their class teachers, pupils have focused on ball skills, in year 1 children have been exploring the basic ways of ball travelling, with rolling, throwing and bouncing being three of the main areas of focus. In Y2, Robins and Owls have looked at various playground games relevant to PE, that build on their communication skills, teamwork and resilience. Finally, in Y3, all areas of ball manipulation have been explored, with relevance to linking the various skills to sports and activities as seen on TV.

Year 4 & 5

Years 4 and 5 have explored both hockey and basketball across term 1. In year 4, children have been identifying and understanding the basic rules that apply in hockey, pupils have learned how to properly grip, dribble and pass which have been applied in adapted game situations. Year 5 have built on their prior knowledge and have looked at how to complete passes for accuracy, shooting with varying power and engage in competitive situations.

In basketball, year 4 have recapped on prior learning and continued to develop their already impressive skills. Areas such as shooting from various distances, travelling with the ball and passing have been the key areas of development. For year 5, a continued development of prior skills such as shooting and dribbling have been advanced, whilst more match scenarios have been applied, with strong links to passing, moving and finding space in attacking situations.

Year 6

Year 6 this term have had the opportunity to continue their development in swimming and basketball. In swimming, year 6 have been consistently challenged to push themselves further than before, whether that was to swim a full length of the pool, complete one of the two jumps, pencil or straddle, or to continue to build their confidence in the water through various games and water safety activities. When not swimming, children have been applying prior knowledge from basketball and have started to develop their own tactics in matches. This has seen tremendous team work within small groups which has highlighted just how well their communication skills are, as well as showing great resilience when understanding that certain tactics need adapting to help benefit them in future matches.

Term 2

In term 2, children will look at different topics, all of which will continue to link to the school's LORIC values whilst working towards the various aims of the National Curriculum. Please see the upcoming topics below:

Year 1 & 2 – Dance and Fundamental Movement Skills

Year 3 – Dance and Indoor Athletics

Year 4 – Dance and Indoor Athletics

Year 5 – Dance and Swimming

Year 6 – Dance and Indoor Athletics

And Finally

As we approach the end of the first term back at school, I would like to say a huge well done to all the pupils for constantly demonstrating excellent attitudes to their learning in PE. It isn't always easy coming back from a long break and transitioning into their new classes and year groups, but they have been a credit to themselves and with their fantastic approaches to learning, they will continue to thrive throughout the year.

Many thanks,

Mr Boxall.