



Hoo St Werburgh Primary School

PE —Term 3-4 Newsletter

Welcome back to the newest edition of Hoo St Werburgh's PE Newsletter. Albeit a shorter than usual term, a huge amount has been crammed in to help enrich the learning of many pupils across the entire school.

Mini-Youth Games and Festivals

This term has continued to provide opportunities for over 50 children in various different competitions and festivals. This term, children from all of Key Stage 2 have represented the school in Sports Hall Athletics, Swimming and Table Tennis. With such a vast range of different competitions and festivals, it has given lots of children the chance to showcase their different talents against other schools which has contributed to the school finishing in some great overall positions, with our highest position coming in the swimming Mini-Youth Games, 8th out of 30. Well done!



Rivermead Inclusive Trust Games

Term 3 also saw the next instalment of the Rivermead Inclusive Trust Games in a football tournament between years 5, 6 and 7. Against; Walderslade, Academy of Woodlands, The Marlborough Centre and Rivermead, children of a variety of ages and abilities competed against one another with Hoo St Werburgh finishing 2nd, winning 3 of their 4 games!

The Meapa Gymnastics

Children in Year 3 and Year 5 have been very fortunate to be able to visit The Meapa Gymnastics centre in which they have been able to use high-quality facilities, with equipment such as bars, balance beams and trampolines under the supervision of expert coaches. Children have learned and further developed skills which they have been able to bring



back into school-based PE lessons. This is an initiative the school are hoping to continue with over the coming terms with other year groups!

Learning Update

Year 1 & 2

This term in PE, year 1 and 2 have been focusing on gymnastics and a continued focus on developing ball skills using both hands and feet. Gymnastics in year 1 has focused on children beginning to develop different ways of travelling, such as rolling (pencil, forward, backward) and developing a variety of balances. Year 2 gymnastics focused on building further understanding and ability levels of travelling and balancing but with an end aim of combining the skills into a routine.

Year 3

This term in Year 3, as already mentioned, children have developed their gymnastics skills both in school and at Meapa. In school, Tigers and Polar Bears have focused on creating movements which are symmetrical to that of their partners. This has helped build LORIC values such as Charlie communication and Raj resilience. Additionally, Year 3 have been introduced to Tag Rugby. Children have learned a variety of tag games to help with understanding of the rules and plenty of ball work has been introduced.

Year 4

Wolves and Ocelots class have had a very busy term of PE, with gymnastics, tag rugby and swimming all having been explored. All of year 4 have looked at 'bridges' in gymnastics, which is a combination of various body movements which link to balancing. Much like Year 3, a vast amount of Raj Resilience to work independently and with others has been required and the children have done exceptionally! In tag rugby, children have continued to build on prior skills and knowledge, with passing and moving a key point in the lessons. Swimming lessons have given children in Wolves and Ocelots more opportunities to build water confidence and expand on prior skills. As well as this, some children have also been introduced to the backcrawl!

Year 5

Similar to Year 3, Year 5 have learned gymnastics in and out of school as well as continuing to build on prior skills in Tag Rugby. Gymnastics in school has focused on 'Counter Balancing'. Counter balancing requires pupils to work with one another and year 5 have thrived in doing so and has also given children the opportunity to work with children that they may not often work with. In addition to this, the focus of tag rugby has been on consolidation of prior skills and the introduction of tactics to help with offensive and defensive plays in small sided games.



Year 6

In gymnastics, Year 6 have consolidated prior skills. Much of the topic has focused on 'matching and mirroring in routines'. Building on from symmetry, children in year 6 are including various ways of travelling, balancing and moving into routines as pairs and groups with a key focus on matching movements in sync. Tag rugby lessons have heavily focused on game sense and building fundamental tactical knowledge, of which can be introduced into full and small sided games.

Term 4

Here's what to expect in PE during term 4:

FS – Fundamental Movement Skills

Y1, Y2 – Tri-Golf and Fundamental Movement Skills

Y3 – Swimming, Handball and Netball

Y4, Y5, Y6 – Handball and Netball